



RCBN

INSPIRATION

Bulletin of the Rotary Club of Bombay North



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RI President Kalyan Banerjee

DG Vijay Jalan

Pres: Ajeet Arenja

FROM THE PRESIDENT'S DESK



Dear Friends,
With another milestone behind us, we are all focused on DISCON with weekly meetings chaired by our DISCON

chairman, Vijay Lazarus for preparation on all fronts. Incidentally, our GOA entourage had a majority of the DISCON committee members who deliberated on all aspects in formal and informal meetings, thereby building the much needed excitement. Registrations are pouring in and we have around 500 confirmed delegates with over 100 resident members just as our early bird offer has been extended to accommodate lapses due to 30 September deadlines and festive engagements. For those who have not yet registered, my renewed invitation not to miss this spectacular event which will fill you with pride of being a RCBN member. On your behalf, I have made a 100% participation commitment, with my suggestion to avail of fabulous travel less resident option.

On the service projects, I am happy to inform confirmation of 3 major projects to be undertaken soon:

1. Bhuvan's Gandhi Institute have finally had our joint computer classes project

cleared and hopefully we will be ready to inaugurate on Children's day on 14th November. Under this programme, a part of our premises at Worli Welfare centre will house formal, certified computer courses felicitating about 500 trainees ready to take up career in various areas. Other activities at WWC will continue to be rearranged by Hemangi, Gautam and Mandar.

2. A joint project with Rotary club of Baltimore involving evaluation and correction thereafter for 60,000 slum children for vision and malnutrition. GLOBAL GRANT in respect of this project has been cleared with initial introduction by PP Quresh and meticulous paperwork by PP Firoz. We are now awaiting FCRA clearance to receive funds and execute.

3. We have in principle agreed with Titan Industries Limited's Eyecare division and the two taximen's unions to make available evaluation and vision correction to 1,50,000 plus force of taxi drivers in Mumbai. Taxi drivers can have their eyes tested with the best optical equipment at any of the 25 Titan Eye+ outlets and RCBN shall provide spectacles for a nominal handling fee and attend medically including corrective surgeries to the needy.

In addition, to the above, we have re-established our association with

Shardaashram Vidyavihar school in Dadar with Childline project commencement with keen efforts from Ashu and Soni. This has been covered elsewhere in this issue We also had well attended and well-organised seminars on "Empowering Women with small business skills" conducted at the instance of Rtn. Hemangi Desai, Dipak Pinge, and sponsored by Eventures and Saraswat Bank. As a result of these successful seminars, we hope to assist women business owners of catering services, agarbati making etc. I would also like to acknowledge the act of Rtn. Mandar Tambe who has on two occasions made arrangements to distribute books at BMC schools and plan to provide other related amenities. This is also covered elsewhere in this issue.

Before I close, I wish to thank Tasneem Nagree, the hostess for the month as also make corrections to my erroneous reporting of previous month's hostess being SAJU THADANI . Our grateful appreciation for generous principle sponsorship of Charter night by Nick Israni besides other part sponsors including Gautam Gandhi.

With best wishes,
Yours in Rotary,
Ajeet

President's Speech, Reflection and Images from the Charter Night at Hotel Trident, Bandra on 10th September 2011

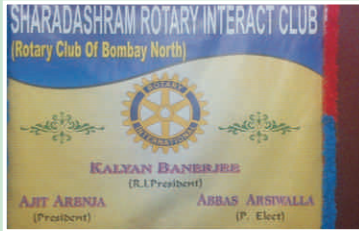


The Golden Jubilee Charter Nite of RCBN was celebrated in a Grand manner at Hotel Trident, BKC attended by over 60 members with their spouses, District officials and guests. The evening started with photo shoot session of the member couples supervised by Chandru. The formal Charter Nite function was started with the Welcome note of President Ajeet. An audio visual presentation on 50 glorious years of RCBN produced nicely by Vijay Lazarus was then played, appreciated by one and all. The Charter members Sultan Fazalbhoj, Babulalji Todi, Ramanbhai Patel alongwith Past District Governor Badar Maskati and other past presidents were then felicitated. The Chief Guest, District Governor Vijay Jalan, who was accompanied by District first lady Kiran, in his address praised the good work done by President Ajeet Arenja alongwith his team this year and made a strong appeal for 100% registration in DISCON 2012. The Guest of honor was Asst Governor, Gul Kripalani.

The formal function ended with a cake cutting ceremony with Rtn Nick Israni, the principal sponsor of the event, cutting the cake alongwith the Charter Members and the President. The entertainment show thereafter comprising of four small English plays was performed by a group of professional artists which were liked by one and all. The four way test mementos were presented to all those who were present, courtesy Ajeet and Nitika. The evening ended with cocktails and dinner.

Images from the Inauguration of the Sharadashram Rotary Interact Club, Dadar – Contributed by Rtn. Asim Nagree

With the efforts of our Rtn. Soni and assisted by Vocation Committee Director Ashutosh Palep, the Club has been able to re-establish its association with Sharadashram Vidyavihar Dadar. At an event held on 20th September 2011 at the school, Interact President Rahul V. Birwadkar and his team were installed at the hands of President Ajeet Arenja. Our Club was represented by Ajeet Arenja, Asim Nagree, Ashutosh Palep, Soni Soni, Deepak Pinge and Sanjiv Kulkarni. Further, the School Principal and Interact Co coordinator also made themselves available for the event. 32 members from the 8th and 9th standard attended the Installation function.



The members of the Interact Club showed enthusiasm and promise with equal support of Mr. Mangesh Kochrekar, Principal Sharadashram Technical and Smt. Vibhavari Dale, Co-ordinator. The Child line project co-ordinator Ms Sneha also made her presentation so as to undertake the project at the school in association with RCBN. Beginning with this pilot childline project, Soni will extend the same to other schools. Similar action is planned with other two interact clubs supported by RCBN.



The Interact Club office bearers for the year are as under

Vice-President of the School	Mr. Ashok Kulkarni
Principal – Sharadashram Technical	Mr. Mangesh Kochrekar
Co-ordinator	Smt. Vibhavari Damle
Teacher Co-ordinator	Mr. Sandeep More

Student Council of the Interact Club

President	Rahul V. Birwadkar
Vice-President	Aditya N. Pawade
Treasurer	Aakash Surve
Secretary	Pallavi P. Kadam
Director	Prasad Dalvi



Installation of President Rahul



Installation of Vice-President Aditya



Installation of Secretary Pallavi

Images from the Lecture by Ms. Freyaz Shroff on 24th September 2011 on “Creating a personal success mindset”



Images from the Lecture by Ms. Indu Shahani on 1st October 2011 on “Teddy Bears in the Board Rooms”



Irrespective of denomination, there is a deep seated link in the human mind, between numbers and mysticism which antedates organised religion. *Carl Jung* in his essay, 'Man and his symbols' written in 1961 argues that symbols are the product of collective human subconscious. *Confucius* said, "I sought the truth in measures and numbers, but after five years I still had not found it". *Chuang Tzu* (290 B.C.) said, "Are numbers real, or conventions, for ordering experience". Pythagoras deduced that numbers exist independently of the objects they represent. **There has been a mystical belief that the entire universe can be explained in terms of numbers.**

In exploring the linkages between Mysticism and mystical properties attributed to Numbers, I will focus on 108 as example of such Numbers.

Reinforcing common gullibility is the household Hindu perception of '108' as a holy number in all sorts of matters starting at infancy. It was '108' *Durva* (blades of special grass) that my grandmother asked me to place during worship. An assertion in support of '108', is the claim that there are '108' Upanishads. The Upanishads, to the best

of my knowledge are far more numerous than 108. The classical dictionary of Hindu religion by Dowson published in 1879 and re-printed last decade, states that, "There are about 150 of these works(Upanishads) , probably even more, dating as far back as 6th Century B.C." These treatises attempt to "ascertain the mystic sense of the text of the Vedas". Dowson regards 52 of these as the most important. For those unwilling to take the word of a colonial foreigner, the book "*Wonder that is Sanskrit*" published by Sir Aurobindo Society of Pondicherry says the following on pg. 120. "There are, as usually accepted, 108 major Upanishads and countless minor ones". So, the sober truth appears to be that not all Upanishads, but only the *important Upanishads aggregate to 108 in number*. In Yoga, there are said to be 108 symbolic hand gestures or *Mudras* in *Tantra* and *Hathayoga*, but these are only the favourite sacred number. In reality, there are many more *Mudras* and only 55 are most commonly used.

Prayer bracelets of Zen Buddhist priests have 108 beads. Number of sins in Tibetan Buddhism is 108, as well as the number of earthly temptations in the Japanese Shinto religion, where temple

bells are rung 108 times to welcome in the New Year and say goodbye to the old, and also to remind the citizens to beware of these transgressions. Similarly, the **Angelus bells of the Catholic Church are tolled 108 times.**

Further, 108 is the product of 12X9; this represents the nine planets and the twelve months of the year. It is also a product of 4X27, symbolic of the four quarters of the Moon in the 27 'lunar mansions'. Pranayama yoga, the yoga of breath control, calculates that the human being needs to take 21,600 breaths in a 24-hour period; therefore, the 12-hour 'daylight' number of breaths is 10,800. Certain sects in another major World religion aver that the verses in their divinely revealed holy book have a relationship with the number 9.

The sacred significance of this number has also extended its influence to Oriental martial arts, where, for example, one of the major disciplines associated with Karate, the *Suparinpei*, translates as "one hundred and eight"; and there are 108 pressure points of the body in the South Indian and Chinese schools of martial arts.

Reflections and Images from RCBN's Goa trip from 16th to 19th September 2011 at Ramada Caravela Beach Resort



The Goa trip, a usual feature with RCBN has always been a hit. Recently concluded was a perfect blend of Goa at its best with all of the usual - "Feni" spirits, fellowship like never before, fun n frolic , songs and games, card sessions and Antakshri competitions.

So What was different? Celebrations like never before with relaxed Kiran and Vijay taking the time out of his Governorship swinging with all the matured stalwarts who were not interested in sight seeing or river cruise or Casino. A group who chose to relax with Yoga and meditation sessions, beer afternoons interspersed with light talk and serious introspection

of Rotary projects and good memories. What was most unusual was that per chance majority members of the group were involved with DISCON planning and execution and our Chairman Vijay Lazarus didn't miss the opportunity to capitalise on full attention. Besides eating, drinking, dreaming of DISCON, Vijay L even had a full fledged formal

meeting with spouses pooling in their resources to deliberate on various aspects of planning. So balanced was his planning as a fellowship chairman that Vijay L didn't let anyone feel that it was merely a ROTARY SEMINAR but gave each one what he wanted- a leg to shake or long card sessions or non stop bar for the indulgent. The hero of our group

who thought and executed fine details was our "lead singer" Ashok Ajmera in the literal sense without whom the "music" was not complete; celebrating well timed Birthday of Wife Pragati. Surprisingly the busiest and the most committed members chose to take the long weekend to unwind and our spouses were the biggest gainers making

the most of the vacation and quality interaction with fond friends. This fulfilling break encourages me to plan a repeat vacation on the sides of Bangkok Convention or a postponed JODHPUR rejoicing the well appreciated DISCON. – **Contributed by President Ajeet Arenja.**



The Goa tour of RCBN was a most memorable event which will be remembered by one and all who attended it for years. Those members who attended the previous Goa tours have admitted that it was the best out station tour ever organized by RCBN. All the 32 persons, comprising of 15 couples and two single members left together for Goa by air on 16th September afternoon. Ravindra and Shobha, who encountered some medical problems of their relatives, also could finally make it due to the delay of 45 minutes in the flight departure. Sorry, I forgot to mention that Habil joined us the next Day. The Hotel Ramada Caravela proved to be the most ideal place for this 3N/4D tour. All the members enjoyed the hospitality thoroughly. There was Swimming, Gym, Health Club, Yoga, Beachwalk, Games, Casino and whole lot of other recreation facilities. The Rooms were upgraded to deluxe category. All of us used to be together most of the time. The first evening started with the

celebration of Pragati's birthday. The day used to start with morning beach walk, followed by swimming, Gym, health club and Yoga lessons. Thereafter we used to assembled for a lavish and an elaborate breakfast. Asim, Firoz, Chandru and Girish found a nearby small joint to eat prawns and drink coconut Feni. After some rest, everyone used to join for lunch, special care was taken for Jain food. Then came the most sought after session, yes friends, your guess is right, the CARD SESSION used to take place, one big round table for gents and another for ladies. This session was played twice in a day and used to last upto 2 o'clock in the morning. The evenings were wonderful, all the members used to get together in a separate private hall and then the drinking, singing and dancing session started. We even played musical chairs, Housie, Sang on karaoke with Vijay L, Ajeet, Nitika, Tasneem along with Gautambhai as usual being the star performers. Habil lasted full innings in

the cards along with Baldev. Among the ladies – Pragati, Shobha, Nafisa, Shirley, Mala, Bharati, Kiran, Usha, Sarju were the lead players. Mumtaz, Tasneem and Nitika took care of everyone. In between we had a full fledged Discon session under the Chairmanship of Vijay Lazarus participated by Vijay J, Dr. Badar Maskati, Firoz, Habil, Pareshbhai, Ajeet, Gautambhai, Mahendrabhai, Lalit and all the 32 participants. One of the important happening of the tour was joining of Nick for one evening of fun, frolic, drink and card session. Ajit Dangi and Pratibha also participated actively. In fact Pratibha even won some prizes. The under signed, yours sincerely also played an active role in the tour. All of us finally came back together by the afternoon flight on the 19th September. Ajeet and Nitika were perfect hosts, they even distributed gifts to everyone. Ravindra volunteered to be the photographer of the tour. **Contributed by Ashoka Ajmera-Fellowship Committee – Co-Chairperson.**



The Absentee Rotarian written by Rtn. Nagindas Patel, Past President, Rotary Club of Baroda in the Rotary News in 1964 – Contributed by PP Rtn Babulal Todi

Poor attendance at Club meetings is not only a problem for the small Clubs, but for the bigger ones also. In fact, at all the District Assemblies and Institutes the subject comes up for discussion, but unfortunately, the discussions do not result in any concrete decisions. However, the discussion of a subject from different angles and viewpoints helps to throw fresh light on various aspects of the problem, and partial solutions can sometimes be found.

Poor attendance is a big problem and so let us try to understand it and what can be done about it. In order that you understand this problem, I must refresh your memory how Rotary came into existence. As you know, Rotary was conceived by a lonely heart pining for fellowship, the lonely heart of Paul Harris, who thought public-spirited men can, through fellowship, render useful service to the community. You will observe that the whole Rotary movement is founded basically on the principle of fellowship. If fellowship is not there, Rotary is dead. Having said this, let me analyse why the problem of poor attendance exists.

Rotary is an institution of prestige because its ideals are noble. As the movement gained momentum and grew in size and prestige, more and more people wanted to belong to Rotary. That's a healthy sign and there is nothing wrong with it. But as time passed, the ideal of Rotary, the very purpose for which it was created, seems to have been given secondary importance. We Rotarians have become over-enthusiastic in enrolling new members, in sponsoring new Clubs, indeed with the good intention of strengthening Rotary, but in doing so, unfortunately, we have failed in our duty to impart Rotary information to new members- failed in explaining the ideals, the purposes of Rotary and the obligations to Rotary of a new member before enrolling him.

Many of these Rotarians accept the invitation to join Rotary without fully understanding it and without being aware of their commitment to the ideals of

Rotary. The result is that soon after joining, they get disillusioned and lose interest in it. In fact, real interest was never generated in them. How can you blame them for non-attendance or poor attendance?

A good many of these absentee-Rotarians only know what little you told them about Rotary when you invited them to join. They were probably not sufficiently informed about Rotary, but Rotary, they argue in their mind, is an institution of prestige, and they joined it for the purpose of prestige. Once they are in, they are Rotarians and that has served their purpose. Why worry about attending the weekly Club meeting? Here also, the Club has failed to generate enough Rotary interest in them and in not throwing them out if they do not wish to interest themselves in Rotary. Retaining them many bring revenue to the Club, but it robs other members of the fellowship which is due to them and blocks the classification for others who might perhaps make better Rotarians.

But even more important than this is to generate enough interest in all your members, so that they will attend each meeting. Fellowship among all members of the Club should be raised to a point where each member feels intimately friendly with every other member and he must feel that he has missed something when he misses a meeting. When this level of fellowship is achieved, poor attendance will be a matter of the past.

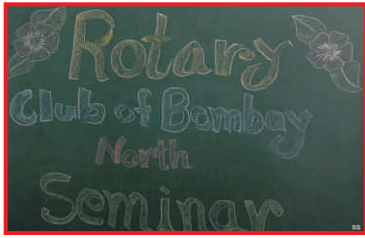
Good fellowship is then the crux of the problem of poor attendance. How to bring it about? That is for you to find out. As Rotarians, I expect each one of you to exercise your mind to find ways and means of achieving this. I can only suggest a few points which you may consider:

➤ Good fellowship can develop better between like-minded men, especially men who are committed to the ideal of 'Service about Self'. So before taking in a new member, be sure that he understands his obligations to Rotary.

- A person can develop good fellowship only if he is properly accepted. So once you take a new member, "assimilate" him, see that he is properly and thoroughly introduced to the members of the Club, and that he feels at home with each member. Make him feel that he belongs to the Club, that he is as important, as much a part of the Club as any other member.
- Rotarians are hard-working, busy men. They have no time to waste. Arrange Club programmes which are purposeful and interesting. Let the absentee Rotarian feel that it is he who has missed something by remaining absent.
- Let the Club have some project of service constantly in hand, and let each member be connected with some job in such a way that each member has continued activity and interest in the Club.
- Rotarians' families wield considerable influence on them. Rope them in. Make them feel a part of Rotary. Arrange Ladies' Nights, Children's Days and other socials whenever possible.
- If food is served at the weekly meetings, let it be good food. Food is a weakness of men. Cash in on it.
- Most important, avoid stereotyped programmes at the meetings. Have some variety. Programmes in which all members can participate are usually very interesting.

In closing I would like to add that harmony is very important for good fellowship and the good administration of the Club. This is possible usually only if the Captain is fair, kind and capable. And the Captain must be assisted by a team of loyal and sincere executives. A Club aspiring for good results must therefore choose its leader and its team intelligently and wisely.

Images from seminar on "Empowering Women with Small Business Skills" on 20th September 2011



Books distribution drive by Rtn. Mandar Tamhe

On 20th September, 2011 under the banner of RCBN, we donated school books to about 10 poor and needy students of 10th standard from Utkarsha Night High School. Rtn. Mandar Tambe distributed the books. Further, on 28th September, 2011, some more books were donated to about 20 poor and needy students of 9th standard from the same school. Rtn. Asim Nagree, Rtnne. Tasneem Nagree, Rtn. Deepak Pinge and Rtn. Mandar Tambe distributed the books. The programme was well received by the students and the teachers of the Night High School.

Utkarsha Night High School is conducting night classes for the last 60 years and students from the below poverty line strata of the society attend the school in the evening between 7pm to 9.30 pm after working for the whole day in a regular job. Last year all such students from the 10th standard of the School successfully passed the Board examination. A difficult and commendable achievement!! The Management of the School has requested the RCBN to support the School in such activities. For further details, please get in touch with Rtn. Mandar Tamhe

Letter received from Indian Burns Research Society for Club contribution



SKIN PLEDGE DRIVE

The skin bank is the thrust area of our DG Vijay and lot of effort has been put in to take it forward by Satya Agarwala and his team. One of the key issues is to get skin donors and what could be better than our club pledging and making it a 100 per cent donor. This can be an example to other clubs which may follow suit. Fellow Rtn. Sanjay Shah has volunteered to make this happen. He will help in completing the pledge forms during our weekly meeting. If you have not already pledged, please do so the next time you attend the weekly meeting. The Club looks forward to your contribution.

BIRTHDAYS/WEDDING ANNIVERSARIES FOR PERIOD 16TH OCTOBER TO 15TH NOVEMBER

Dr. Kalpana A. Palep	17 th October
Jyotsana Yashodhan Kale	22 nd October
Tasneem Asim Nagree	23 rd October
Kamla Babulal Todi	28 th October
Nihchal H. Israni	30 th October
Firoz H. Kachwalla	2 nd November
Chandru S. Thadani	4 th November
Yashodhan Kale	4 th November
Dr. Vinod Saralal Javeri	5 th November

Dr. Rajendra Agarwal	6 th November
Vijay Lazarus	10 th November
Dr. Shyam Bulchandani	11 th November
Dr. Quresh B. Maskati	13 th November
Dr. Chetan Desai	14 th November

Ajit and Pratibha Dangi	18 th October
Sonal and Amit Kulshreshtha	26 th October
Hero and Sabita Chuganee	4 th November

"Do consider contributing whatever you feel appropriate on your birthdays and wedding anniversaries to "Rotary Club of Bombay North Charity Trust." Your contribution will go a long way in our doing the Services to the community, we serve – **Ajeet**

Unexplained Miracle - Contributed by Rtn. Sultan Fazalbhoy

Dear Friends, do you agree that we have 26 alphabets in English from A to Z each been given a unique chronological number with A representing 1 and Z representing 26. Now study the following amazing fact, where each answer is brought down to a single digit –

Hindu – SHREE KRISHNA = $19 + 8 + 18 + 5 + 5 + 11 + 18 + 9 + 19 + 8 + 14 + 1 = 135 = 1 + 3 + 5 = 9$

Muslim – MOHAMMED = $13 + 15 + 8 + 1 + 13 + 13 + 5 + 4 = 72 = 7 + 2 = 9$

Jain – MAHAVIR = $13 + 1 + 8 + 1 + 22 + 9 + 18 = 72 = 7 + 2 = 9$

Sikh – GURUNANAK = $7 + 21 + 18 + 21 + 14 + 1 + 14 + 1 + 11 = 108 = 1 + 0 + 8 = 9$

Parsi – ZARATHUSTRA = $26 + 1 + 18 + 1 + 20 + 8 + 21 + 19 + 20 + 18 + 1 = 153 = 1 + 5 + 3 = 9$

Buddhist – GAUTAM = $7 + 1 + 21 + 20 + 1 + 13 = 63 = 6 + 3 = 9$

Christian – ESAMESSIAH = $5 + 19 + 1 + 13 + 5 + 19 + 19 + 9 + 1 + 8 = 99 = 1 + 8 = 9$

Each one ends with the number 9. That is nature's creation but yet man fights with man, on this Earth.!

FROM THE EDITORS DESK

My dear RCBN family,

As we move towards festival celebrations, I truly believe we must all have a positive attitude in life at all times. When I was studying in Boston, I came across this real time story that I am reproducing. This story till today, has had an impact on my life and I hope it will get you thinking too once you have read it in its entirety –

Paul was the kind of guy you'd love to hate. He was always in a good mood and always had something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!" He was the manager of a restaurant and the waiters followed Jerry because of his attitude. He was a natural motivator.

Seeing this style really made Jack curious, so one day Jack went up to Jerry and asked him, "I don't get it! You can't be a positive person all of the time. How do you do it?" Jerry replied, "Each morning I wake up and say to myself, Jerry, you have two choices today. You can choose to be in a good mood or you can choose to be in a bad mood. I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or I can point out the positive side of life. I choose the positive side of life.

"Yeah, right, it's not that easy," Jack protested. "Yes, it is," Jerry said. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live life."

Jack reflected on what Jerry said. Soon thereafter, Jack left the restaurant industry to start his own business. Jack lost touch, but Jack often thought about Jerry when he made a choice about life instead of reacting to it.

Several years later, Jack heard that Jerry did something you are never supposed to do in a restaurant business: he left the back door open one morning and was held up at gun point by three armed robbers. The robbers panicked and shot him. Luckily, Jerry was found relatively quickly and rushed to the local trauma center. After 18 hours of surgery and weeks of intensive care, Jerry was released from the hospital with fragments of the bullets still in his body.

Jack saw Jerry about six months after the accident. When Jack asked him how he was, he replied, "If I were any better, I'd be twins. Wanna see my scars?" Jack declined to see his wounds, but did ask him what had gone through his mind as the robbery took place. "The first thing that went through my mind was that I should have locked the back door," Jerry replied. "Then,

as I lay on the floor, I remembered that I had two choices: I could choose to live or I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" Jack asked. Jerry continued, "...the paramedics were great. They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read 'he's a dead man.' I knew I needed to take action." "Well, there was a big burly nurse shouting questions at me," said Jerry. "She asked if I was allergic to anything. 'Yes,' I replied. The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled, 'Bullets!' Over their laughter, I told them, 'I am choosing to live. Operate on me as if I am alive, not dead.'" Jerry lived thanks to the skill of his doctors, but also because of his amazing attitude.

I have learnt from Jerry's life that every day we have the choice to live fully. Attitude, after all, is everything. Positive thinking is the first step towards a happy life.

Always remember, "Life's greatest battles don't always go to the faster or stronger man, sooner or later he who wins is the man who thinks he can.!"

Have a great month and do enjoy fully all the festive celebrations.

Akshay

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